



FROM 3RD TO 9TH OR FROM 3 RD TO 14TH JULY

HOCES DEL CABRIEL NATURAL RESERVE



CAMP







24H NURSING

ONE DAY OUT TRIPS

ADVENTURE ACTIVITIES

## FROM 3RD TO 9TH OR FROM 3RD TO 14TH JULY

Live the experience of having fun and enjoying in nature, for 7 or 12 days in an adventure camp within an incomparable environment, and in english.

With certified bilingual instructos. Leisure activities, thematic workshops, one day out trips and adventures.

The children will be taken care of 24 hours a day; night monitors, nursing facilities and a professional team for care and entertainment.

Where: in "Albergue Contreras", Minglanilla (Cuenca).

When: from 3rd to 9th July (7 days) or 3rd to 14th July (12 days).

Reference language: english

Camp developer: Aktiviti.



Albergue Contreras is a center of rural turism in Minglanilla, that has, apart from the hostel, wooden cabins, wooden towers kids circuit, gardens, sports areas, swimming pool and an archery field.

We focus on the children's entertainment, making this experience in our camp an unforgettable one. Some of the activities are: paintball, climbing walls, "death slide", treetops, archery, rafting, etc.. all of them adapted to the ages of the children.



The activities will be carried out in groups of 12 children, but there will also be integration times between the different ages during free time, thematic days, one day trips, so as to encourage cohabitation.

## ONE DAY TRIPS







We will make two trips out that they will surely enjoy a lot. The first one will be to go rafting on the Cabriel river on 5th July. The second one will be a visit to Cuenca (declared Heritage of Humanity), on 12th July.



On 6th July they will have an Olympic Games day, with different teams playing and practicing various sports and disciplines.

PROGRAMMING

Transfers by bus from Home School Internacional to the camp for departure and return on the choosen date.

The activities will take place in english, from the morning till 7 pm. The daily timetable can change according to the corresponding daily theme.

The morning activities are common to all children: adventures, climbing walls, "death slide", archery, paintball, treetops, .. adapted to each range of age.

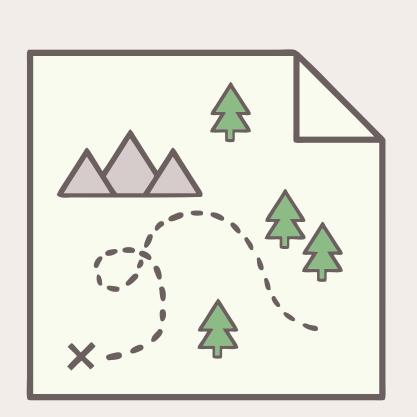
In the afternoon, the children can choose the activities they want to do: cooking workshops, dance, theatre, mask workshop, radio, television production, press, etc.. The activities are chosen in the morning in order to organize the following afternoons.

In the evenings, large games are organized according to each age. After dinner, the children who own mobile phones will be allowed 30 minutes to get in touch with their families.

The use of the mobile phones will be reduced to that determined time. The rest of the time, the phones will be guarded by the monitors.

To communicate with the children who don't have a phone, the families will have phone lines available in order to call them.

The camp developer, Aktiviti, will create a Whatsapp group with all the families to inform about the camp activities, and share every day pictures of the games and activities.



## A DAY IN THE CAMP





10:30 - GROUP ACTIVITIES

11:50 - MORNING SNACK

12:30 - GROUP ACTIVITIES/ SWIMMING POOL

2PM - LUNCH AND FREE TIME

4PM - FREE CHOICE ACTIVITIES/WORKSHOPS

5.30PM - AFTERNOON SNACK

6PM - AFTERNOON GAME! SWIMMING POOL

7.30PM - PERSONAL HYGIENE

8.30PM- DINNER AND NIGHT GAME

11.30PM- BED TIME









## PRICES AND REGISTRATION

Option for 12 days: 750€

Discount for siblings:
30€ each one

The price includes full-board accomodation, tickets for the trips out, bus transfers on the first and last day, and transfers to the Cabriel river and Cuenca trips. There are limited places and will be assigned as per registration order. The maximum capacity is 75 children.

A few weeks before starting the camp, you will receive sheets to fill in with the child's information and possible allergies.



PLEASE CLICK
HERE TO REGISTER